

# Embracing and Managing Change

LIVE WEBINAR

## Scheduling

Contact us for dates

## Duration

60 minutes

## Capacity

10–400 participants

## Pricing

\$1500 USD

## Format

Live Zoom or similar video platform with screen-sharing and recording

## Prerequisites

Completion of the [VIA Character Strengths Survey](#)

## Preferred

All attendees have their [Total 24 Report](#) (additional fee negotiable at booking)

## Language

English offered (closed captioning available)

## BUILD YOUR TEAM'S CONFIDENCE, COLLABORATION AND RESILIENCE IN TIMES OF CHANGE

Every season of change has tough moments. Your organization may be facing uncertainty, or evolving roles and responsibilities, or shifts in resources. When your team is experiencing change and needs support to move forward, focusing on their strengths can help.

Engaging *character strengths*—the positive parts of an individual's personality that impact how they think, feel and behave—can ease the discomfort and provide a path to feeling more composed and in control. Seeing and engaging people through their character strengths builds:

- **Confidence** by focusing on what is best about them
- **Collaboration** and **cooperation** in how each person can uniquely contribute
- **Resilience** in remembering their core strengths are always present

This webinar explores how optimizing strengths, seeing strengths in others and deliberately applying strengths can ease stress—as well as alter the perception of change from potential threat to definite opportunity. Live facilitation and group discussion will prepare them for key events like a reorganization, big project launch or new opportunity. Help your team *embrace change and manage their response* to it.

## FACILITATOR

Ruth Pearce, JD, PMP, ACC, is VIA's Ambassador and Facilitator—as well as president of ALLE LLC and co-founder of In It Together Coaching, which offers group coaching based on VIA Character Strengths. She shares tips to use character strengths for project management and building engaged, empowered teams through her book, LinkedIn Learning Course, and conferences nationally and internationally.



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