Build Your Team’s Confidence, Collaboration and Resilience in Times of Change

Every season of change has tough moments. Your organization may be facing uncertainty, or evolving roles and responsibilities, or shifts in resources. When your team is experiencing change and needs support to move forward, focusing on their strengths can help.

Engaging character strengths—the positive parts of an individual’s personality that impact how they think, feel and behave—can ease the discomfort and provide a path to feeling more composed and in control. Seeing and engaging people through their character strengths builds:

- **Confidence** by focusing on what is best about them
- **Collaboration** and cooperation in how each person can uniquely contribute
- **Resilience** in remembering their core strengths are always present

This webinar explores how optimizing strengths, seeing strengths in others and deliberately applying strengths can ease stress—as well as alter the perception of change from potential threat to definite opportunity. Live facilitation and group discussion will prepare them for key events like a reorganization, big project launch or new opportunity. Help your team **embrace change and manage their response** to it.

### FACILITATOR

Ruth Pearce, JD, PMP, ACC, is VIA’s Ambassador and Facilitator—as well as president of ALLE LLC and co-founder of In It Together Coaching, which offers group coaching based on VIA Character Strengths. She shares tips to use character strengths for project management and building engaged, empowered teams through her book, LinkedIn Learning Course, and conferences nationally and internationally.

Looking for a customized presentation? Please contact us to discuss details and pricing.