The VIA Classification of Character Strengths and Virtues

**VIRTUE OF Wisdom**
- **CREATIVITY** Original & Adaptive, Clever, A problem solver, Sees and does things in different ways
- **CURIOSITY** Interested, Explores new things, Open to new ideas
- **JUDGMENT** A critical thinker, Thinks things through, Open minded
- **LOVE OF LEARNING** Masters new skills & topics, Systematically adds to knowledge
- **PERSPECTIVE** Wise, Provides wise counsel, Takes the big picture view

**VIRTUE OF Courage**
- **BRAVERY** Shows valor, Doesn't shrink from fear, Speaks up for what's right
- **PERSEVERANCE** Persistent, Industrious, Finishes what one starts
- **HONESTY** Authentic, Trustworthy, Sincere
- **ZEST** Enthusiastic, Energetic, Doesn't do things half-heartedly

**VIRTUE OF Humanity**
- **LOVE** Warm and genuine, Values close relationships
- **KINDNESS** Generous, Nurturing, Caring, Compassionate, Altruistic
- **SOCIAL INTELLIGENCE** Aware of the motives and feelings of others, Knows what makes others tick

**VIRTUE OF Justice**
- **TEAMWORK** Team player, Socially responsible, Loyal
- **FAIRNESS** Just, Doesn't let feelings bias decisions about others
- **LEADERSHIP** Organizes group activities, Encourages a group to get things done

**VIRTUE OF Temperance**
- **FORGIVENESS** Merciful, Accepts others' shortcomings, Gives people a second chance
- **HUMILITY** Modest, Lets one's accomplishments speak for themselves
- **PRUDENCE** Careful, Cautious, Doesn't take undue risk
- **SELF-REGULATION** Self-controlled, Manages impulses and emotions

**VIRTUE OF Transcendence**
- **APPRECIATION OF BEAUTY & EXCELLENCE** Feels awe & wonder in beauty, Inspired by goodness of others
- **GRATITUDE** Thankful for the good, Expresses thanks, Feels blessed
- **HOPE** Optimistic, Future-minded
- **HUMOR** Playful, Brings smiles to others, Lighthearted
- **SPIRITUALITY** Searches for meaning, Feels a sense of purpose, Senses a relationship with the sacred

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